TEEN EXPEDITIONS

growing wild!

teen expedition

gviworld.com
The story of GVI

In 1997, a vision was born to create community and conservation programs that were radically ethical and impactful.

A dream to offer meaningful experiences that would allow global change-makers like you to work alongside local organisations to support and contribute to their initiatives.

And now we're here. Through 25 years of hard work by a dedicated team of experts, GVI has established more than 600 partnerships and welcomed over 35,000 participants so far.

Be part of the movement – join us!
More than just good intentions

Over the last two decades, GVI has cemented itself as the world leader in purpose-driven teen expeditions.
The GVI

Real projects with measurable impact
Highest ethical standards
Guided by qualified Impact Directors
Serious about conservation & community research
Led by local community organisations
Aligned to United Nations Sustainable Development Goals
Permanent hubs with permanent staff
Authentic and immersive experiences
Teen expedition

Travel with us to some of the earth’s most extraordinary habitats and vibrant communities, and work to find sustainable solutions that will change the world for good.

1. **Mexico | Puerto Morelos**
   - Marine conservation & PADI Advanced Open Water course
   - Marine conservation & PADI Open Water course

2. **Costa Rica | Limon**
   - Rainforest exploration & community development
   - Rainforest and wildlife conservation

3. **Canary Islands | Tenerife**
   - Dolphin and whale conservation

4. **South Africa | Limpopo**
   - African wildlife conservation

5. **Greece | Kefalonia**
   - Sea Turtle And Marine Conservation Teen Volunteering In Greece

6. **Nepal | Pokhara**
   - Himalaya trek and community development

7. **Thailand | Phang Nga**
   - Community development & sea turtle conservation
   - Sea turtle conservation and adventure
ADVENTURE & FUN with teens from all over the world

The time of your LIFE

Travel to unreal destinations.
Experience adventure like never before.
Immerse yourself in vibrant new cultures.
Taste amazing food. Find your people. Take legendary pics.
Take your skills to the next level

It’s not all fun and games - although that’s a massive part of it!

You’ll also walk away with new, highly relevant skills to help you thrive in a world that’s constantly changing.

Learn about critical global issues and see firsthand how you can become a change-maker for life.

Sarah’s story

Joining a GVI program at 17 was quite simply, unforgettable! I met amazing new friends who I’m still in contact with from all over the world.

I’d say, just go for it - I did, and I’m now interested in going on another program.

- Sarah Ugrandar, UK
Tick all your boxes on an expedition with GVI!

Adventure activities like hiking, snorkelling, rafting and ziplining.

Meaningful conservation project work like beach cleans, or community work like teaching English.

Immersive cultural experiences like cooking classes and language lessons.

Developing valuable new skills like leadership, self-awareness and resilience.

Exploring the destination’s iconic attractions, heritage sites and unique experiences.

Attending social activities with like-minded teens.

Free time where you can relax and do what you like on base.
## Day in the Life

### Phang Nga, Thailand

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00</td>
<td>Prep breakfast together, help with base duties, and hear what exciting adventures you’ll embark on!</td>
</tr>
<tr>
<td>08:00</td>
<td>Hello turtles! Meet the little reptiles, clean tanks and collect citizen science data.</td>
</tr>
<tr>
<td>12:00</td>
<td>Grab something delicious to eat at a local restaurant while you’re out and about!</td>
</tr>
<tr>
<td>13:00</td>
<td>Meet and mingle with local community members and attend a Muay Thai class to learn self-defence techniques.</td>
</tr>
<tr>
<td>17:00</td>
<td>Time to relax! Hang out with your base buddies or catch a quick snooze.</td>
</tr>
<tr>
<td>18:00</td>
<td>Taste the flavours of Thailand and Burma as you enjoy dinner prepared by a local cook.</td>
</tr>
<tr>
<td>19:00</td>
<td>And breathe... Reflect, share and chat about your day’s experiences and what you’ve learnt.</td>
</tr>
<tr>
<td>20:00</td>
<td>It’s time for some fun! Play games, listen to music or just hang out with your new friends.</td>
</tr>
</tbody>
</table>
You’re in safe HANDS

We have expert local staff on the ground in each location. You (and your parents) will get 24/7 support - so you can totally relax and enjoy the experience.

Serious about health and safety

- We’re compliant with the British Standards of Safety (BS8848).
- Our team completes full risk audits.
- There’s a 24-hour emergency line.
- We monitor government advice on international safety.
- Our teams are prepared and ready to handle emergencies on the ground.

360° support at every step

- Pre-departure support to ensure you’re 100% prepared.
- Excellent level of communication and guidance on expeditions.
- Supported by qualified and passionate professionals and program experts.
- Knowledgeable, permanent, in-country GVI staff who have been vetted.
- Teams are supportive of neurodivergent conditions, such as anxiety and ADHD.
- Access to a remote GVI professional counsellor.
DO GOOD, BETTER

TEEN EXPEDITIONS

gviworld.com

get in TOUCH

Chat to someone who’s been on one of our teen expeditions to hear what it’s really like!

01727 250 250  |  1 888 653 6028  |  0386 521 006